



Contact Us
902-566-9629

canescamp@hollandcollege.com

CANES CAMP

The Holland Hurricanes are excited to offer Canes Camps during all Province-wide PD days, March Break, summer holidays, and more!

Our fun and engaging activities are great for children from kindergarten through to Grade 6.

PARENT HANDBOOK

Welcome to Canes Camp

Our primary goal is to provide our campers with a happy, healthy and rewarding summer camp experience in a safe and inclusive environment.

Our campers will gain self-esteem and self-confidence, learn from new experiences, make new friends and create memories that will last a lifetime! We are a licensed childcare center for school aged children.

License # L4555.

We have created this camp handbook for you to review prior to the first day of camp to help answer any questions you may have.

Thank you for choosing Canes Camp. We can't wait to meet your campers!

Contact us

Academy and Camp Coordinator: Leanne Laird 902-566-9686

Canes Camp Cell Phone: 902 916 0892

Emergency Contact Number: MCCE Front Desk 902-566-9629

Website: [Holland College |](#)

Facebook Page: <https://www.facebook.com/campcanes/>

Email: canescamp@hollandcollege.com



Registration

Online Registration:

You can register for Canes Camp online by going to:

<https://recreation.hollandcollege.com/Program/GetProducts>

Once on the site, create an account and then add your child(ren) as dependents. You will then choose the weeks of camp to register for. You have the option to either pay a \$50 deposit for each week or pay the full amount. Each week of camp will need to be added to your shopping cart separately.

*The \$50 deposit is nonrefundable.

If you choose the \$50 deposit the remaining amount will be due by the Monday of that camp week. You will need to log into your account to make this payment. You will click on your name in the top right corner then click on Profile. From there you can see Invoices listed on the left-hand side. Click on that and you'll be able to see Unpaid and All invoices. Payments can be made directly from there. This is also where you can access receipts for tax season.

Trouble shooting common issues during registration.

- Make sure the adult/guardian is the Primary Member (can add Family Members from Profile).
- Make sure the adult/guardian's birthdate is added (can do so from Profile).
- Do not make multiple accounts for either yourself or your child.
- Write down your username and password.
- Sign waivers when going through the registration process or the registration will be denied.
- Be sure all added information is correct – media release, grade entering in fall, health card number, emergency contact, etc.
- Questions, email us at canescamp@hollandcollege.com



Day at Camp

7:30-8:00am	Early Drop Off Supervision
8:00-9:00am	Camper Arrival and Supervised Free Play
9:00-10:30am	Daily Programming
10:30-10:45am	Snack
10:45-12:00pm	Choice Time Campers choose between 3-4 activities such as Arts and Crafts, Quiet Games, Sports, Library, Dance, Outdoor Games, Computers, etc.
12:00pm	Lunch and outdoor play
1:30-2:30pm	Daily Programming
2:30pm	Snack
3:00-4:00pm	Daily Programming
4:00-5:00pm	Supervised Free Play/Camper Pick up

Staff

Our Canes Camp is made up of enthusiastic and hardworking Holland College students from various programs.

All staff will have taken part in a weeklong training session prior to the first day of camp. They have all received criminal reference checks including Vulnerable Sector and are trained in CPR-First Aid.

We will maintain a 1:8 staff to camper ratio for the summer.



Camp Leadership



Leanne Laird BA, Bed

Academy and Camp Coordinator

Leanne began her role as Academy and Camp Coordinator in 2016 while filling in for Lori-Beth Dwyer's maternity leave. After working for several years within Holland College's Student Support Services department, she returned to this position in 2021. This summer marks Leanne's ninth year with Canes Camp.

Leanne is a graduate of both the University of Prince Edward Island and St. Thomas University. Prior to joining Holland College, she worked as a teacher with the Public Schools Branch. She also spent two summers working as a counsellor at a sleepaway camp in Maine, gaining valuable experience in youth programming.

Leanne is a proud mom of two daughters — a six-year-old (who is also a Canes Camper!) and a three-year-old. In her spare time, she enjoys playing sports, reading with her book club, camping with her family, and staying busy chasing after her little ones and getting them to their activities.



WHAT YOU NEED FOR CAMP

Clothing and Shoes - Campers should arrive at camp wearing comfortable clothing so that they can move around in easily. They should also have a separate pair of **indoor sneakers** to be worn in the gymnasium. If the weather permits, we plan to get outside every day so please pack clothing for that day's weather. (A spare set of clothing in your child's backpack is highly recommended)

Water Bottle - Please send your child to camp with a water bottle with their name on it. There are several areas where they can fill their water bottle during the day. Our water fountains are set for filling water bottles not for drinking from making water bottles very important!

Sunscreen - We will be spending a lot of time outside, so we ask that children come to camp with sunscreen pre-applied and with an extra bottle to be reapplied as necessary throughout the day. Canes Camp staff **will** assist your child in re-applying when necessary and will also apply 'camp sunscreen' to anyone who has forgotten their sunscreen that day. Counsellors keep their camper's sunscreen in their bin for the week and will return on Fridays.

Hat - Please send along a sunhat or a ball cap to help with protection from the sun's rays. As a licensed camp, we are required to have our campers wear hats outdoors. We have camp hats available for children who forget them that day.

Snacks & Lunch - Children will be asked to bring their own **nut free lunches**. We do have microwaves on site for their use, but there are days we will eat off site and children will need a picnic lunch (Wednesday at Victoria Park for example). We will notify you of these days ahead of time.



Camp lunches can be ordered during the registration process. If you want to add lunches, please do so for the week on Monday morning during drop off. A fee will be added to your account, and you can pay the invoice online.

Tuesday-Wendy's - chicken nuggets & fries

Thursday- Subway – 6-inch sub & cookie

Friday- Little Caesars - cheese or pepperoni pizza

Snack Shack – The Young Leaders run a snack shack through the week and campers can purchase an individually wrapped snack for \$1 at the snack shack.

What to leave at home:

- Trading items, Pokémon cards, etc.
- Electronic Gaming Devices, iPad, etc.
- Cell Phones
- Nut Products
- Large amounts of money

*Please label all items campers bring to camp to avoid a mix up of belongings



LOST AND FOUND

We have a lost and found area at camp. It is highly recommended that you label all items (clothing, towels, lunch boxes, water bottles, etc.) with your child's name. While we make every effort to keep all campers' belongings in their backpack or on their person, we will not be held responsible for lost or stolen items. At the end of each week, we will display the found items and then donate any remaining items. Please check your child's backpack at the end of the day before leaving.

Lost items are much easier to recover on the same day they are lost.

Camp T-shirts



All campers who are registered for camp will receive a Canes Camp T-shirt. These shirts are to be worn on all off-camp outings. If your child loses their shirt or would like an additional shirt, they can be purchased for \$10 at our front desk. We will be writing each camper's name on the T-shirt when we hand them out on Wednesdays. If your child is attending multiple weeks in the summer, they will just receive one shirt for the summer.



Refund & Cancellation Policy

Requests for refunds and/or cancellations must be made in **WRITING** to the Academy & Camp Coordinator at canescamp@hollandcollege.com Holland College needs the name of the participant/selected camp/reason for refund or cancellation

The last day for summer Canes Camp cancellation with refund (minus deposit) is June 17th, 2026.

If a participant cancels prior to the determined day, a full refund minus the **non-refundable deposit** will be issued. There are no refunds after June 17th, payment in full is still required for the registered week/s even if the camper does not attend camp.

Requests for refunds for **PD Day Camps, March Break Camps** and/or **Hurricanes Academies** need to be requested in writing at least **fourteen days prior** to the start date of the selected camp/academy. If a participant cancels at least fourteen days in advance, a full refund minus the **non-refundable deposit** will be issued. **No refund** will be provided after this time.



Full refunds will be issued if a course is cancelled due to insufficient enrolment or unforeseen circumstances.

Refunds are not granted due to inclement weather or if a parent/guardian withdraws the camper early from the session.

Holland College reserves the right to *withdraw a camper at any time without a refund if Guidelines for Behavior are not followed.*

We will not be providing refunds for COVID at this time.

The Academy & Camp Coordinator makes the final decision on who qualifies for refunds.

All guardians sign a waiver during the registration process saying they have read and understand the Refund and Cancellation Policy.



Drop off and Pick Up

Our camp programming will run from 9am-4pm.

We will allow for early drop-offs and late pick-ups running from 7:30am until 5:00pm at the McMillan Centre for Community Engagement (323 Grafton Street).

If you know your child will not be at camp on a particular day or will be arriving later than 9am, please contact the camp at 902 916 0892 or canescamp@hollandcollege.com as soon as possible. This helps us plan our day more effectively.

Our facility doors are locked in the summer, but parents are allowed into the building during pick up and drop off. Staff will be stationed at the door during drop off (7:30 – 9:00am) and during pick up (4:00pm – 5:00pm) when there's high traffic of campers coming and going. If there is no one at the front door when you arrive the camp number (902 916 0892) will be posted on the door for you to call for assistance.

If you want to arrange an early pick up, please let the Camp know in advance, so we can ensure they are in the McMillan Centre at the correct time.



***If you pick your child up after 5pm, you will be charged a \$5 fee per child for every 15 minutes. Camp staff will not leave children unsupervised in these circumstances. This results in our staff being required to work unscheduled extra hours, incurring extra expenses. To cover this, we have put in place the late pick-up fee.**



Lunch Hour and Snacks

Our lunch hour will normally run from 12pm-1pm with snack times at 10:30am and 2:30pm. At this time, all campers will be supervised by camp staff. We ask that all lunches come in a labeled lunch bag so that campers do not get their lunches mixed up.

All lunches and snacks must be **nut free**.

There will be microwaves available for use, but we do not have refrigerator space available.

Please ensure that your child has a substantial lunch packed to give them the energy they need to stay active all day.

Lunch Orders: We will be offering a provided lunch every Tuesday (Wendy's), Thursday (Subway) and Friday (Domino's). The cost for these lunches will be \$6 per day, and orders will be made at time of registration or on Monday morning before 9am.

During afternoon snack time, the Young Leaders run a Canes Camp **Snack Shack**. Campers can purchase an individually wrapped snack for \$1 during this time.



Weekly Email

Prior to the first day of each camp, you will receive an email with information about the upcoming week. This will include a schedule of the week's highlights including any trips off campus planned during that week. You will also be notified if anything is needed for specific days (see examples below)

Please read through these emails to ensure your camper is prepared for each day of camp.

Wheel Day:

Campers can bring wheels (bikes, roller blades, scooters, skateboards, etc.) and campers will get to go to the courtyard to ride. **Helmets are required to ride.** When you arrive in the morning with your campers' wheels, you can put them on the "deck" outside the McMillan Centre to the left-hand side of the main door. Smaller wheels and helmets can come inside the building. Locks are highly recommended. Holland College is not responsible for lost or stolen goods.

FLOORBALL:

If your child would like to take part in a choice activity of Floorball, they can bring their floorball stick with them for the day (please label stick with your child's name). We know have a class size pack of floorball sticks for campers to use.



NERF Battle:



Campers can choose to bring their own **NERF shooter & protective eyewear** for a NERF Battle (unfortunately we DO NOT have many extra NERF guns to provide campers, but other camp activities will also be taking place during this time). NERF bullets will be provided by Canes Camp. **Protective eyewear required.**

Camp Inclusion

At Canes Camp, we welcome all children and strive to create a safe, inclusive, and positive environment for every camper.



If your child requires additional support during the school day (such as an educational assistant, SNA, or support worker), we ask that similar support be provided during camp programming. Unfortunately, Canes Camp does not have the resources to automatically provide one-on-one or specialized support staff. These arrangements must be discussed with the Camp Coordinator at canescamps@hollandcollege.com prior to registration.

Parents/guardians of campers with special needs are asked to identify their child's needs during the

registration process and to contact the Camp Coordinator directly by email to discuss any required accommodation or support. This communication helps ensure a smooth transition into camp, increases staff awareness, and allows us to provide a safe and rewarding camp experience for your child.

If we are not made aware of a camper's specific needs and required support in advance, it may impact our ability to safely include them in our programming. Clear communication prior to attending Canes Camp helps us avoid this and ensures the best possible experience for everyone.



Medical Information and Illness

Medical Forms - Please ensure that upon registration you fill out all medical information for your child (health card number, parent contact, emergency contact, etc.). If you feel the need to include additional information and instructions, we encourage you to do so. Please inform the camp coordinator if this information changes. The more we know about your child, the better we can assist and support them.

If your child needs an EpiPen, they will be required to wear it while they attend Canes Camp.

Sick Campers - If your child is unwell and has experienced any of the following symptoms within 24hrs of a camp day, we ask that you keep them at home to prevent infecting fellow campers and members of staff:

- Vomiting
- Rash
- Diarrhea
- Persistent high fever
- Excessive coughing, dizziness etc.

If any of the above symptoms occur while a camper is at camp, the child will remain separated from the other children until a parent or guardian can be contacted and the camper picked up.



Medication at camp

Parents and guardians are asked to follow the below procedure when sending medication to camp:

1. Upon arriving on the first day, please notify the Camp Coordinator that your child is required to take medication during camp hours. They will provide you with a Medication Consent Form that you must read and fill out, and sign, stating the type of medication, dosage, and dispensing time.
2. Send the medication in the original prescribed container.
3. Medication should be given *directly* to the Camp Coordinator by a parent or guardian.
4. We will not alter the dosage on the prescription unless a doctor's note is attached.
5. Medication will be stored in a locked drawer in the office or in the camp fridge, if necessary, away from camper access.

Head Lice

If you find live lice on your child, we ask that you keep your child home until the lice has been treated. Please also notify the Camp Coordinator as soon as possible. A notice will then be sent home to all parents asking them to check their children.



Photos



We take photos of our campers on a regular basis to post on our Facebook page (Canes Camp) for parents to view each week. At times, staff may also take photos of camp activities for promotional material. If you did not sign off

on the media release, your child's photo will not be taken or posted online. Any outside media stories or publications will require a separate form to be signed by parents and will be sent home if this should occur. For the safety and security of all our patrons please refrain from taking photos in our facility.

Day Trips and Swimming

Throughout the summer we will leave the campus to take part in various activities (bowling, library, park visits, Confederation Centre, etc.). Campers will always be escorted by staff and will walk on sidewalks, use crosswalks and obey traffic laws. Staff will make note of which campers need to have their hands held when walking off campus.

When going anywhere outside of walking distance we will be traveling by a Coach Atlantic bus. We ask that camp shirts be worn by all campers for these outings (these shirts will be provided typically on Wednesday).

Hillsborough Square Park

Canes Camp walks to Hillsborough Square Park daily (weather pending) for supervised outdoor free play. The campers walk to and from with staff on sidewalks and cross walks.

Wednesday Trips to VICTORIA PARK

- Please have your child come to camp **dressed in their bathing suit** (if they plan on swimming or splash pad), and **sun screened**.
- Campers will receive their camp shirt on Wednesday and must always wear it when they are not in the pool. If your child was here a previous week, please send them with their camp shirt
- Campers will be given a disposable wristband to wear while swimming to make them more easily identified by camp staff when in the water.
- I ask parents with any concerns or limitations (no water, just splash pad, just shallow end, life jacket, etc.) regarding their child being in the water to please come and chat with me during



morning drop off so I can make note of this and pass it on to the camp counselors.

- Any child who needs floaties/ puddle jumpers/ life jacket we ask that you attach this to their backpack and that it be labeled with their name. We have a camp rule that if a child comes with a floaty it **MUST** be worn in the pool.
- We travel to and from Victoria Park on Coach Atlantic buses with the first bus departing Holland College at 10:15am.
- No child will be allowed to enter the deep end of the pool unless they have passed a swim test performed by the lifeguard.
- Camp flotation devices are not allowed in the deep end.
- We will have one counselor in the water for every seven campers in the water along with camp staff on the deck with lifeguards on duty.
- If your child does not want to swim, there are many other options for them. The splash pad and playground areas will also be supervised by staff.
- At approximately 12:15pm we will break for lunch and at that point all campers will change into their dry clothes. After lunch campers will enjoy the play structures and games in the park.
- We will be bussing back from the park between 1:30-2pm.
- This weekly trip is weather pending.



Behavior Management Policy

At Canes Camp, we are committed to providing a fun, safe, and respectful environment for all campers. At the beginning of each week, camp rules and behavioral expectations will be reviewed with all campers (see Canes Camp Code of Conduct below).

When a camper needs reminders about appropriate behavior, the following steps will be taken:

1. Counselling

When a discipline incident occurs, the camper will be spoken to by a counsellor about the behavior and the expected changes.

If the behavior continues following this initial conversation, any further disciplinary action will be managed by the Camp Coordinator or a Camp Leader

2. Time-Away

If additional incidents occur, the camper may be asked to take a short "Time-Away." This is a 5-minute period where the camper spends time quietly reflecting on the incident before rejoining the group.

This will take place in a designated area outside of the main camp activity.

3. Parent/Guardian Contact

If a pattern of behavior concerns continues, the camper's parent or guardian will be contacted by email or in person at pick-up or drop-off.

4. Suspension

A camper who continues to disregard camp rules and instructions may be suspended for one (1) day. Parents/guardians will be advised.

5. Termination

If unacceptable behavior continues after suspension, the parent/guardian will be informed, and the camper will be withdrawn from the program. No refund will be provided.



Canes Camp Code of Conduct

To ensure a fun and safe summer for everyone, all campers are expected to follow the rules outlined below. Please review these with your child prior to attending camp. These expectations will also be reviewed with campers at the start of each week.

Campers are expected to:

- Follow directions at all times
- Take turns and share with others
- Solve problems positively
- Be kind, include others, and offer help
- Keep hands and feet to themselves
- Use polite words and appropriate voices
- Respect all property
- Encourage and care for one another
- Clean up and keep areas neat
- Leave cell phones and electronic devices at home

ZERO TOLERANCE POLICY FOR HITTING AND BULLYING

These rules are essential to maintaining a positive, respectful, and safe camp environment. If a camper is unable to follow these expectations, they will be referred immediately to the Camp Coordinator or Camp Leaders.

The Camp Coordinator reserves the right to suspend and/or withdraw any camper at any time due to behavior concerns. Withdrawals due to behavior will not be eligible for a refund.





